



# Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

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## What Kind of Father Do You Want To Be?

The way parents interact with their children in the earliest years can shape their brain development for life. Watch this video to see dads describe how important being a father is to them and their children.

<https://www.zerotothree.org/resources/1427-what-kind-of-father-do-you-want-to-be>

## How Much Babies Cry Varies from Country to Country

Babies cry more in Britain, Canada, and Italy, than the rest of the world, according to a universal chart for normal crying in babies during the first three months of life. A new meta-analysis of studies calculated the average of how long babies fuss and cry per twenty-four hours across different cultures.

<http://www.futurity.org/babies-parents-cry-1407302/>

## Slower Toddler Speech Development Linked to Amount of Screen Time

A recent study found that children who spent more time with hand-held screens were more likely to exhibit a delay in expressive speech.

<http://www.pbs.org/newshour/rundown/toddlers-screen-time-linked-slower-speech-development-study-finds/>

## The Program for Infant/Toddler Care (PITC) Six Essential Program Practices for Relationship-Based Care

Each of these six February 2017 papers addresses evidence-based practices that support positive outcomes for infants and toddlers in group care settings. Individually and collectively, the documents may be used to inform decisions, written guidance (e.g., staff training materials, family handbooks, program philosophy statements, job descriptions), and daily interactions to support high-quality responsive care practices for infants and toddlers. The topics for the papers are Continuity of Care, Culturally Sensitive Care, Inclusion, Individualized Care, Primary Care, and Small Groups.

<https://childcareta.acf.hhs.gov/resource/program-infanttoddler-care-pitc-six-essential-program-practices-relationship-based-care>

## Talk, Read, and Sing Together Every Day!

Research has found that providing children from birth to five with consistent, language-rich experiences—such as talking, reading, and singing—can have important benefits on their brain development and future school success. However, many families lack access to the types of resources that can help them make the most of these language building experiences. This creates a gap in the quantity and quality of words that children learn, which directly impacts their opportunities to succeed in school and later in life. These tip sheets, available in English and Spanish, have been designed specifically for families, caregivers, and early educators. They can help enrich a child's early language experiences by providing research-based tips for talking, reading, and singing with young children every day beginning from birth. Sample topics include It's Never Too Early to Help Your Child Learn – Talk, Read, and Sing Together Every Day, Tips for Using Language at Home and in the Community, and The Benefits of Being Bilingual.

<https://www.ed.gov/early-learning/talk-read-sing>

## Toddlers Pick Up Lots of Grammar Around 24 Months

Recent research lends evidence to the idea that children learn the ability to understand basic grammar early in language development, rather than possessing it innately.

<http://www.futurity.org/toddlers-grammar-1367832-2/> (NOTE: When you get to this site, scroll down to see the article)

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources. To join the listserv, send an email **with no message** to [subscribe-babytalk@listserv.unc.edu](mailto:subscribe-babytalk@listserv.unc.edu)

**Highlighted resources** are available in English and Spanish. Past issues are archived at <http://fpg.unc.edu/resources/baby-talk-archive> To suggest resources, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)