



Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

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Baby FaceTime: Can Toddlers Learn From Online Video Chat?

This recent study highlights that there is a great difference between putting a baby in front of a television and having an interactive exchange via video chat. In a recent study, researchers found that children paid attention and responded to their on-screen partners, but only children who experienced interactive video chat responded in sync with the partner, such as clapping to imitate after the partner had clapped. Read more at <http://www.newswise.com/articles/new-study-of-toddlers-sheds-light-on-value-of-facetime-video-chat-as-meaningful-interaction>

American Academy of Pediatrics Announces New Safe Sleep Recommendations

Approximately 3,500 infants die annually in the United States from sleep-related infant deaths, including sudden infant death syndrome (SIDS). New guidance from the American Academy of Pediatrics is designed to help reduce those numbers. They recommend supine positioning, the use of a firm sleep surface, room-sharing without bed-sharing, and the avoidance of soft bedding and overheating. Additional recommendations for SIDS reduction include breastfeeding, avoidance of exposure to smoke, alcohol, and illicit drugs, routine immunization, and the use of a pacifier. The recommendations and strength of evidence for each recommendation are included in this policy statement. Read more at <http://pediatrics.aappublications.org/content/early/2016/10/20/peds.2016-2938>

Infants and Toddlers: A Video Collection

Featuring a collection of 200 short video clips, this site will provide users with a perfect window into the world of infants and toddlers and their daily experiences in child care. As well, users will see the wide range of tasks and roles that early childhood professionals take on each day. Finally, many of the clips highlight the importance of the partnerships that form between parents and the educators who care for their young children. Clips may be searched by criteria (e.g., developmental domain, activity language development, or educator strategies, like following the child's lead), age of the children, or setting. It is also possible to find videos by doing a key word search. See for yourself at <http://toddlers.ccdmd.qc.ca/>

Tuning In: Parents of Young Children Tell Us What They Think, Know and Need

ZERO TO THREE, in partnership with the Bezos Family Foundation, released the results of a survey, drawn from a nationally-representative sample of 2,200 parents of children birth to 5 years, this year. The results include findings on issues such as parenting challenges, the dilemma of how to discipline young children, and what parents understand about early development. Here are a few of the interesting findings:

- Almost all parents feel judged all the time
- Parents overall consistently underestimate just how early children can be affected by some critical experiences (e.g., nearly half of parents think that reading to children starts to benefit long-term language development about a year and a half later than it actually does); and
- About half of parents believe that children are capable of self-control and other developmental milestones much earlier than they actually are.

An overview/key insights document is available, in addition to the full report, at this website.

<https://www.zerotothree.org/resources/series/tuning-in-parents-of-young-children-tell-us-what-they-think-know-and-need>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to subscribe-babytalk@listserv.unc.edu Past issues are archived at <http://fpg.unc.edu/resources/baby-talk-archive>
To suggest resources, please contact Camille Catlett at camille.catlett@unc.edu